



# 2023 All-Conference Boys Cross Country

## Top Honors

**RUNNER OF THE YEAR**

Ezra Teeples, Kamiakin

**COACH OF THE YEAR**

Matt Rexus, Kamiakin

**CONFERENCE CHAMPION**

Kamiakin

## First Team Selections

Name	School	Year
Ezra Teeples	Kamiakin	Junior
John Mills	Hermiston	Senior
Noah Thomas	Kamiakin	Junior
Jaysen Rodriguez	Hermiston	Junior
Crew Martell	Richland	Senior
Edward Paup-Lefferts	Pasco	Senior
Malek Keller	Hanford	Soph

## Second Team Selections

Name	School	Year
Ethan Brogoitti	Hanford	Junior
Reagan Dupuy	Kamiakin	Soph
Gabriel Anderson	Hermiston	Fresh
Chase Kennard	Kamiakin	Junior
Gabriel Coram	Walla Walla	Junior
Jackson Farris	Kamiakin	Senior
Ben Porter	Hanford	Junior

## Honorable Mention Selections

Name	School	Year
Hunter Hansell	Hermiston	Soph
Kellan Nelson	Richland	Senior
David Molina Dubon	Kennewick	Senior
Turner Van Slyke	Walla Walla	Senior
Lincoln James	Walla Walla	Junior
Jose Juarez	Hermiston	Fresh
Parker Collette	Southridge	Fresh
Ty Judi	Kamiakin	Fresh
Ian Lash	Walla Walla	Junior