



MCC
MID-COLUMBIA
CONFERENCE

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2012 ALL-CONFERENCE CROSS COUNTRY TEAMS ANNOUNCED



GIRLS FIRST TEAM

Name	School	Year
Lindsey Bradley	Richland	Soph
Megan Beauchene	Kamiakin	Junior
Courtney Cox	Walla Walla	Soph
Kinzie Icayan	Richland	Junior
Lauren Perry	Richland	Junior
Michelle Fletcher	Kamiakin	Senior
Sindey Bullock	Richland	Soph



GIRLS SECOND TEAM

Name	School	Year
Rachel Nelson	Walla Walla	Senior
Emily Kump	Southridge	Soph
Leslie Olson	Southridge	Senior
Amy Pfaff	Hanford	Senior
Hannah Hampson	Walla Walla	Junior
Emily Moon	Kamiakin	Soph
Catherine Feistner	Walla Walla	Junior



GIRLS HONORABLE MENTION

Name	School	Year
Brittany Brooks	Kamiakin	Junior
Samantha Cowan	Chiawana	Senior
Kayla Watson	Richland	Senior
Jamie Callahan	Southridge	Soph
Jamie Taylor	Richland	Senior
Lea Davidson	Walla Walla	Junior
Samantha Bagley	Richland	Junior

RUNNER OF THE YEAR
Lindsey Bradley, Richland

COACH OF THE YEAR
Jay Bartlett, Richland



BOYS FIRST TEAM

Name	School	Year
Michael Williams	Richland	Junior
Ahmed Ibrahim	Kamiakin	Junior
Garrett Kraal	Kamiakin	Junior
Keegan McCormick	Kamiakin	Junior
Sean Newcomb	Walla Walla	Senior
Ryan Francis	Richland	Senior
Ben Wolpert	Walla Walla	Junior
Jeevan Philip	Hanford	Senior



BOYS SECOND TEAM

Name	School	Year
Andrew Snyder	Kamiakin	Soph
Christian Rodriguez	Kamiakin	Senior
Daniel Sanchez	Kamiakin	Junior
Joseph Schuldheisz	Kennewick	Senior
Austin Oser	Kamiakin	Senior
Brody Sams	Southridge	Senior



BOYS HONORABLE MENTION

Name	School	Year
Jonah Sandoval	Richland	Fresh
Dennis McDuffie	Richland	Junior
Hao Zhai	Hanford	Senior
Juan Cortez	Walla Walla	Junior
Zach Telfer	Walla Walla	Senior
Cameron Johnston	Southridge	Fresh
Brandon Crawford	Richland	Soph

RUNNERS OF THE YEAR
Ahmed Ibrahim, Kamiakin
Michael Williams, Richland
Sean Newcomb, Walla Walla

COACH OF THE YEAR
Matt Rexus, Kamiakin