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FOR IMMEDIATE RELEASE

2020-21 All-Conference Cross Country

Girls First Team

Name	School	Year
Macy Marquardt	Kennewick	Junior
Natalie Ruzauskas	Richland	Junior
Andrijana Fundak	Richland	Senior
Sariah Hepworth	Walla Walla	Junior
Madilynn Carr	Richland	Senior
Emma Summers	Richland	Senior
Alexia Serna	Hermiston	Junior
Amanda Nygard	Hermiston	Senior

Boys First Team

Name	School	Year
Isaac Teeples	Kamiakin	Junior
Grayson Wilcott	Kamiakin	Junior
Brody Hartley	Walla Walla	Soph
Owen Stigge	Chiawana	Senior
Ethan Stout	Hanford	Junior
Jordan Sanguino	Kamiakin	Senior
Joel Martinez	Richland	Senior

Girls Second Team

Name	School	Year
Brooklin Seadore	Southridge	Fresh
Mia Beightol	Hanford	Fresh
Carley Nelson	Chiawana	Fresh
Megan Joyce	Hermiston	Fresh
Hannah Chavla	Hanford	Senior
Sofia Lieberman	Kennewick	Fresh
Isabella Williams	Richland	Senior

Boys Second Team

Name	School	Year
Micah McCollum	Southridge	Senior
Ehzoc Chavez	Chiawana	Soph
Payson Leppert	Chiawana	Junior
Miles Sumner	Southridge	Senior
Logan Springstead	Hermiston	Junior
Troy Russo	Hanford	Soph
Jackson Johnson	Kamiakin	Fresh

Girls Honorable Mention

Name	School	Year
Marisa Memmott	Kamiakin	Senior
Tylar Wolff	Richland	Soph
Deverie Gutierrez	Kamiakin	Soph
Lauren Thompson	Kennewick	Junior
Ellie Ernst	Hermiston	Senior
Elizabeth McCluskey	Hanford	Junior
Hannah Kunkel	Hanford	Junior
Ella Nelson	Walla Walla	Senior

Boys Honorable Mention

Name	School	Year
Braden Hisaw	Walla Walla	Senior
Jace Woodard	Richland	Soph
Erick Benedict	Kamiakin	Fresh
Jackson Farris	Kamiakin	Fresh
Bryant Hales	Chiawana	Senior
Diego Avila	Chiawana	Junior
Shawn Mendoza	Pasco	Soph

Runner of the Year

Macy Marquardt Kennewick

Coach of the Year

Gabriel Deshazo Richland

Conference Champion
Richland

Runner of the Year

Isaac Teeples Kamiakin

Coaches of the Year

Matt Rexus Kamiakin
Peter Hawkins Chiawana

Conference Champion
Kamiakin