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FOR IMMEDIATE RELEASE

2022 All-Conference Cross Country

Girls First Team

Name	School	Year
Mia Beightol	Hanford	Junior
Morgan Thompson	Kennewick	Sophomore
Emma Gis	Chiawana	Sophomore
Tylar Wolff	Richland	Senior
Emmalyne Jimenez	Walla Walla	Senior
Meredith Stavenger	Kamiakin	Sophomore
Jaquelin Garcia Sandoval	Hermiston	Junior

Boys First Team

Name	School	Year
Ezra Teeples	Kamiakin	Sophomore
Jaysen Rodriguez	Hermiston	Sophomore
Troy Russo	Hanford	Senior
Noah Thomas	Kamiakin	Sophomore
Jace Woodard	Richland	Senior
Tanner Mills	Kamiakin	Senior
Jackson Booker	Richland	Senior

Girls Second Team

Name	School	Year
Valerie Siebol-DeRuyer	Pasco	Sophomore
Abby Duncan	Richland	Freshman
Lillian Robertson	Richland	Sophomore
Carley Nelson	Chiawana	Junior
Chelsie Baker	Kennewick	Sophomore
Nova Hinojosa	Hermiston	Freshman
Lillian Fields	Hermiston	Sophomore

Boys Second Team

Name	School	Year
Daniel Franco	Chiawana	Senior
Jose Banuelos	Pasco	Senior
Eduardo Tobon	Hanford	Senior
Zachary Turner	Hermiston	Senior
Edward Paup-Lefferts	Pasco	Junior
John Mills	Hermiston	Junior
Miguel Duron	Hermiston	Senior

Girls Honorable Mention

Name	School	Year
Macy Eggart	Walla Walla	Sophomore
Miriam Hutchens	Walla Walla	Sophomore
Sarah Olson	Hanford	Senior
Madeline Franke	Hermiston	Junior
Louesa Gledhill	Kamiakin	Sophomore
Ashley Treadwell	Hermiston	Senior
Laniah Sinyani	Chiawana	Freshman

Boys Honorable Mention

Name	School	Year
Jacob Cabe	Kamiakin	Junior
Malek Keller	Hanford	Freshman
Gabe Coram	Walla Walla	Sophomore
Logan Blaser	Kamiakin	Junior
Turner VanSlyke	Walla Walla	Junior
Grady Stueckle	Pasco	Senior
Jayden Trevino	Chiawana	Senior
Crew Martell	Richland	Junior
Pedro Pacheco	Hermiston	Senior

Runners of the Year

Mia Beightol Hanford
Morgan Thompson Kennewick

Coach of the Year

Shaun Suss Kamiakin

Conference Champion

Kamiakin Braves

Runner of the Year

Ezra Teeples Kamiakin

Coach of the Year

Troy Blackburn Hermiston

Conference Champions

Hermiston Bulldogs
Kamiakin Braves