



# 2023 All-Conference Girls Swim & Dive

## Top Honors

**SWIMMER OF THE YEAR** Paisley Walkley, Southridge  
**DIVER OF THE YEAR** Isabella Zumini, Richland

**SWIM COACH OF THE YEAR** Ashton Pollick, Southridge  
**DIVE COACH OF THE YEAR** Mike Sandbeck, Kennewick  
 Mitch Piper, Richland/Hanford

## First Team Selections

<b>200 Freestyle</b>	Anikka Peterson	Hanford	Junior
<b>200 Indiv. Medley</b>	Linnea Haan	Southridge	Senior
<b>50 Freestyle</b>	Noelle Landon	Hanford	Senior
<b>Diving</b>	Isabella Zumini	Richland	Senior
<b>100 Butterfly</b>	Esther Mei	Hanford	Fresh
<b>100 Freestyle</b>	Malia Ciolli	Hanford	Senior
<b>500 Freestyle</b>	Darrah Lerch	Richland	Senior
<b>100 Backstroke</b>	Linnea Haan	Southridge	Senior
<b>100 Breaststroke</b>	Madison Edwards	Pasco	Junior
<b>200 Medley Relay</b>	Bridget Rutherford (Sr), Malia Ciolli (Sr), Esther Mei (Fr), Noelle Landon (Sr)	Hanford	
<b>200 Freestyle Relay</b>	Noelle Landon (Sr), Katelyn Wolfert (Jr), Anikka Peterson (Jr), Malia Ciolli (Sr)	Hanford	
<b>400 Freestyle Relay</b>	Anikka Peterson (Jr), Esther Mei (Fr), Noelle Landon (Sr), Malia Ciolli (Sr)	Hanford	

## Second Team Selections

<b>200 Freestyle</b>	Darrah Lerch	Richland	Senior
<b>200 Indiv. Medley</b>	Esther Mei	Hanford	Fresh
<b>50 Freestyle</b>	Jaylah Griffith	Southridge	Soph
<b>Diving</b>	Kenzie Gress	Chiawana	Senior
<b>100 Butterfly</b>	Trinity Pohjola	Southridge	Junior
<b>100 Freestyle</b>	Brooke Posada	Richland	Fresh
<b>500 Freestyle</b>	Anikka Peterson	Hanford	Junior
<b>100 Backstroke</b>	Noelle Landon	Hanford	Senior
<b>100 Breaststroke</b>	Malia Ciolli	Hanford	Senior
<b>200 Medley Relay</b>	Elyza Badeaux (Jr), Linnea Haan (Sr), Trinity Pohjola (Jr), Jaylah Griffith (So)	Southridge	
<b>200 Freestyle Relay</b>	Brooke Posada (Fr), Madalynn Norris (So), Shyla Asmus (Fr), Darrah Lerch (Sr)	Richland	
<b>400 Freestyle Relay</b>	Trinity Pohjola (Jr), Elyza Badeaux (Jr), Jaylah Griffith (So), Linnea Haan (Sr)	Southridge	

## Honorable Mention Selections

<b>200 Freestyle</b>	Trinity Pohjola	Southridge	Junior
<b>200 Indiv. Medley</b>	Brooke Posada	Richland	Fresh
<b>50 Freestyle</b>	Katelyn Wolfert	Hanford	Junior
<b>Diving</b>	Corinne Hatch	Hanford	Senior
<b>100 Butterfly</b>	Madalynn Norris	Richland	Soph
<b>100 Freestyle</b>	Jaylah Griffith	Southridge	Soph
<b>500 Freestyle</b>	Shyla Asmus	Richland	Fresh
<b>100 Backstroke</b>	Madison Edwards	Pasco	Junior
<b>100 Breaststroke</b>	Elizabeth Liu	Hanford	Soph
<b>200 Medley Relay</b>	Brooke Posada (Fr), Madalynn Norris (So), Kaitlyn Prigge (Jr), Darrah Lerch (Sr)	Richland	
<b>200 Freestyle Relay</b>	Linnea Haan (Sr), Jaylah Griffith (So), Trinity Pohjola (Jr), Elyza Badeaux (Jr)	Southridge	
<b>400 Freestyle Relay</b>	Brooke Posada (Fr), Shyla Asmus (Fr), Madalynn Norris (So), Darrah Lerch (Sr)	Richland	